

**Who Cares?**  
**Sunday, January 16, 2022**  
**Lead Pastor Tim Seay**

**HERE'S THE BIG IDEA**

During this message, Lead Pastor shared several scriptures that affirmed how much God cares for us. However, if we are not careful, anxiety and distractive concerns will cause us to lose sight of how much God really cares for us. To prevent this from happening, we must cast our cares upon the Lord and leave them there, remain spiritually sober and vigilant, and stop giving the enemy access to our lives.

**KEY SCRIPTURES (NASB)**

1 Peter 5:6-8→Philippians 4:6→Luke 5:1-9→1 Peter 5:6-8→Ephesians 4:27  
Nahum 1:7

**FOOD FOR THOUGHT**

Share something or someone you had to release. Explain.

**LET'S TALK ABOUT IT!**

- I. **Casting Our Cares Upon the Lord**  
Casting our cares upon the Lord requires us to release it and not go back to it again.  
**Q: Share a care you have. Are you trusting God to handle it or questioning Him regarding it? Explain**
  
- II. **Sober and Vigilant in Spirit**  
Just as we secure our valuables in the natural, we must secure our minds in Christ. Being sober and vigilant in spirit enables us to eliminate our exposure to the enemy.  
**Q: Share a time when an area in your life was left exposed to the enemy. What spiritual steps did you take to eliminate the enemy's exposure? Explain**

**LIVE IT!**

Will you cast your cares upon the Lord, or will you hold them? Casting our cares upon the Lord is to trust Him and resist the devil. When we hold on to our cares, this gives the enemy the opportunity to set the stage for stealing our destiny. However, when we cast our cares upon the Lord, several things occur. Casting our cares causes us to release them unto the Lord, and at that moment, we are to stand firm, strong and trust that He will care for what we have released unto Him.

We will never know increase until we learn to surrender, so today and going forward, surrender unto the Lord and cast your cares upon Him because He really loves and cares for us.